

ROUTING AND TRANSMITTAL SLIP

Date

8 July 1988

TO: (Name, office symbol, room number,
building, Agency/Post)

Initials

Date

1. DIRECTOR OF MEDICAL SERVICES

2.

3.

4.

5.

Action	File	Note and Return
Approval	For Clearance	Per Conversation
As Requested	For Correction	Prepare Reply
Circulate	For Your Information	See Me
Comment	Investigate	Signature
Coordination	Justify	

REMARKS

#1 FOR ACTION - PLEASE PROVIDE APPROPRIATE RESPONSE.
PROVIDE A DROP COPY FOR DDA AND ER.

SUSPENSE: 25 JULY 1988

DO NOT use this form as a RECORD of approvals, concurrences, disposals,

Room No.—Bldg.

Phone No.

FORM 41 (Rev. 7-76)

U.S. Government Printing Office: 1987-181-246/60000

Prescribed by GSA
FPMR (41 CFR) 101-11.206

EXECUTIVE SECRETARIAT

ROUTING SLIP

TO:		ACTION	INFO	DATE	INITIAL
1	DCI				
2	DDCI				
3	EXDIR				
4	D/ICS				
5	DDI				
6	DDA	X			
7	DDO				
8	DDS&T				
9	Chm/NIC				
10	GC				
11	IG				
12	Compt				
13	D/OCA				
14	D/PAO				
15	D/PERS				
16	D/Ex Staff				
17					
18					
19					
20					
21					
22					

SUSPENSE

Date

Remarks

For direct response, please.

Executive Secretary

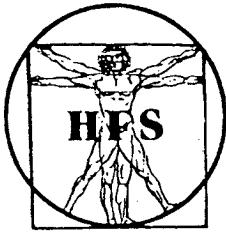
7 Jul '88

Date

3637 (10-81)

Executive Registry

88-2690X



HEALTH FITNESS SERVICES

P.O. Box 19446
Cincinnati, Ohio 45219
513/961-3636

July 1, 1988

Mr. William H. Webster
Central Intelligence Agency
Washington, DC 20505

Dear Mr. Webster,

The men and women of the CIA serve as a valuable force in ensuring law and order in this country. The time and money which is invested by the CIA to train and develop an agent is significant. As you know, it is of extreme importance to have an agent who is healthy and physically fit. The premature loss of an agent to heart disease is tremendous both in terms of personnel and financial. Low back ailments also contribute to physical woes of agents.

I believe that I could significantly contribute in helping the men and women of the CIA by initiating a health and fitness program for them. The agents need to be set-up on a well rounded physical fitness program and have periodic updates to insure adherence and present status. The agents could utilize me as a continual source of information in helping them achieve a high level of health and fitness. This program could be run on a part-time basis, making it cost-effective.

It is important that the program be run with a high degree of confidentiality. I can conduct such a program. May I suggest you contact Mr. Leonard Farr of the FDA (513-684-3501) as reference with regards to my ability to keep the program confidential.

It is quite possible that you presently have health and fitness programs for your agents in Washington. I would be interested in working with your agents located in the Midwest and would be interested in discussing with you how I may be of service to the CIA. I look forward to your response.

Sincerely,


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enc: resume

Page Denied

ER- handle
Phe
Reg

HEALTH FITNESS SERVICES

P.O. Box 19446
Cincinnati, Ohio 45219



Mr. William H. Webster
Central Intelligence Agency
Washington, DC 20505

